



# Letter to emergency medical professionals

Dear Emergency Medical Professional,

Please be aware that my patient, ....., has a rare but potentially life-threatening genetic medical condition called hereditary angioedema (HAE).

**About HAE**

HAE can cause episodes of considerable swelling in various body tissues. People with HAE usually either have low levels of the blood protein C1-esterase inhibitor (C1-INH) or their C1-INH does not function properly.

**Not an allergic reaction**

During an attack, the oedema may appear to be allergic in nature; however, **HAE is not an allergic condition**, and the patient typically will not respond to antihistamines or corticosteroids.

**Life-threatening attacks**

*If an HAE patient experiences a swelling attack in the face, mouth, throat, or airway, this can be a serious and potentially life-threatening condition requiring immediate emergency care. See list of symptoms below.*

**Potentially life-threatening symptoms in HAE attacks:**

- Extreme dizziness or fainting
- Hoarse voice or laryngitis
- Significant lip or facial swelling
- Shortness of breath
- Swollen tongue
- Throat swelling
- Whistling or wheezing when breathing

Some patients may experience symptoms in advance of an attack, such as fatigue, nausea and flu-like feelings, bowel movement changes, urticaria, non-itchy rash, and tingling. Individual patients are often aware of specific symptoms that forewarn them of the onset of their attacks.

**Treatment for attacks (as per patient's emergency management plan)**

This patient [has / has not] previously been treated for their attacks of HAE.

In the event of an attack, this patient should be treated with: .....

.....

Additional information about this treatment: .....

.....

The nearest supply is kept in: .....



# Letter to emergency medical professionals

### Contact information

If you have questions about HAE or this patient's needs, I can be reached using the following details:

Office telephone: .....

Mobile telephone: .....

Email address: .....

**In emergencies,**  
please call: .....

Sincerely,

(Treating immunologist)

To find out more about HAE, please visit: [www.AllAboutHAE.co.uk](http://www.AllAboutHAE.co.uk)

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Adverse events should also be reported to CSL Behring UK Ltd on 01444 447405.

Provided as a service to medicine by CSL Behring UK Ltd.

UK/BERT/17-0019h

Date of preparation: November 2017

**Phone:** 01444 447405  
**Email:** [medinfo@cslbehring.com](mailto:medinfo@cslbehring.com)  
[www.cslbehring.co.uk](http://www.cslbehring.co.uk)

Biotherapies for Life™ **CSL Behring**